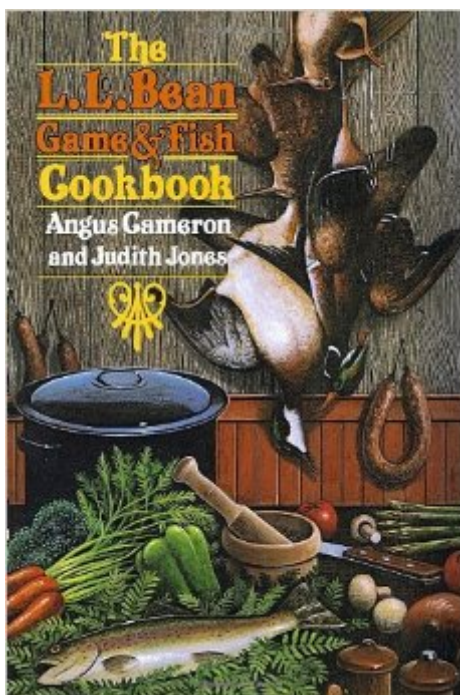


The book was found

The L.L. Bean Game And Fish Cookbook



Synopsis

Contains all the information a cook/hunter/angler needs to prepare hearty game and fish meals in camp or at home. There are detailed and illustrated instructions for all procedures needed to prepare and cook game and fish. Over 800 recipes included.

Book Information

Hardcover: 475 pages

Publisher: Random House (October 12, 1983)

Language: English

ISBN-10: 0394511913

ISBN-13: 978-0394511917

Product Dimensions: 6.4 x 1.6 x 9.6 inches

Shipping Weight: 1.6 pounds

Average Customer Review: 4.6 out of 5 starsÂ Â See all reviewsÂ (48 customer reviews)

Best Sellers Rank: #222,894 in Books (See Top 100 in Books) #25 inÂ Books > Cookbooks, Food & Wine > Cooking by Ingredient > Meat & Game > Game

Customer Reviews

If you don't hunt or fish, you may think The L.L. Bean Game and Fish Cookbook would have no appeal for you at all. You should know, however, that besides being the gold standard for the genre, it's one of the most readable and sophisticated cookbook classics you could have on your shelf.

Although I've only used the fish recipes, I've thoroughly enjoyed reading the stylish Game section..Take a trip through this wonderful book and you'll be convinced. Here are some of the highlights, by chapter.
RED MEAT:We learn that any gamy taste is caused by "improper handling of the game animal when it was dressed, butchered, or transported." A key to method of preparation is the age of the animal and there are some excellent tips for determining age.Take note that moose "skinny from the rut" are best larded.If you avoid these pitfalls you can reward yourself with a fine Buck and Bourbon; Venison Chili; Moose A La Mode; or Blanquette of Antelope. (Rejected out of hand by the reviewer: A Highland Haggis, starting with red deer tripe and lungs.)You could, of course, substitute a more familiar meat in many of these recipes.
SMALL FURRED GAME:Here you find a wealth of information about proper prep.On the beaver: "Its preparation involves a bit of doing" -- cutting out musk glands, soaking. Roast it whole, with sage dressing sewn up inside. Or the possum: "Remember a possum should be handled first to last just as you would handle a suckling pig." Roast Possum With Yams can be your reward.

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